

Injury/Condition	Performance Orthopaedics	ER/Urgent Care
Recent muscle, bone, or joint injury		
Pain or swelling in a joint		
Sports Injury		
Knee strain or sprain		
Hand, wrist, elbow, or shoulder injury		
Ankle sprain or strain		
Broken bone without an open wound over the fracture location		
Recent back pain		
Chronic neck or back pain or narcotic medication refills		
Broken Bone where bone has broken through the skin or there is a wound over the fracture		
Deformity (change in shape or severe angle) of ankle, knee, elbow or shoulder		
Animal bites		
Burns		
Concussion or head injury		
Deep cuts		
Severe pain requiring IV administration or sedation		